

Vol. 17 Issue 1
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The Lone Star CoDA Courier

Welcome New Officers

Secretary: Annie A

Senior Delegate:

Linda BF

Junior Delegate:

Yumi M

CoDA Texas Board

Chair: Anna C

Vice Chair: Vacant

Treasurer: Norma

Secretary: Annie A

Editor: Vacant

Senior Delegate

Linda BF

Junior Delegate: Yumi

**UPCOMING EVENT: CODA TEXAS STATE
CONFERENCE AND RETREAT OCTOBER 22-24, 2021**

Breaking Through the Co-Dependent Mind

The CoDA Texas Board, Houston Intergroup and the North Dallas Community Service Group are so excited to announce the first in-person conference since the pandemic! We are combining the state conference with the retreat format. This year the Houston Intergroup is leading the effort and the rest of us are fully supporting them in providing a recovery experience to remember.

The Conference will be held at the Camp Lone Star Pines Campus located at **22610 Tuwa Rd., Tomball, TX. 77375**. A flyer is attached with registration instructions. Questions? Call Linda BF at 281-630-2941.



CoDA Texas E-Mail & Mailing Lists

To add/update/remove your physical address, please contact Dan W. at 813 Rock Creek, Irving, TX. 76039. For email addresses, email codatexasmailmessenger@gmail.com

Lone Star CoDA Courier

If you would like to contribute a recovery-related article, have something to share about your personal experience, strength or hope through your journey with CoDA or have any CoDA events you would like published, please email Norma W at: borrada51@gmail.com

Scholarships

If you wish to attend the CoDA Texas State Conference/Retreat and need assistance, please call Anna C at 619-874-1804 or Norma W at 972-333-5589

Registration

Early Bird Registrations must be postmarked before October 8, 2021. \$88 will hold your spot in this exciting conference/retreat, with \$87 due at the door. Registrations received after October 8, 2021 will pay \$190. The registration form with your preferences must accompany payment. If you wish to attend Saturday only, with no lodging, the registration fee is \$100, or \$90 if paid by October 8.

Payment: You may pay by check, money order or Venmo. Pay with your Venmo mobile app by directing your payment to: codatexastreasury@gmail.com.

Evite

You will receive an Evite from CoDA Texas informing you about the State Conference/Retreat and asking if you will attend. The purpose of the Evite is to help us plan for how many rooms, meals and supplies will be needed. We appreciate your support in this effort. **Your response to the Evite does not register you for the Conference.** Only the completed registration form and payment will register you for the event. If you need to update your information or do not wish to be a part of the Evite list, please email borrada51@gmail.com and your name will be deleted.

CoDA Needs

If you have finished the twelve steps, now is a great time to put Step 12 into action to help codependents who still suffer. "Having had a spiritual awakening as the result of these Steps, we tried to carry this message to other codependents, and to practice these principles in all our affairs." Please help us to help others... because they are worth it!

Volunteers Needed!

CoDA Texas needs volunteers to serve as chair, vice chair, treasurer and delegates. If possible, we would appreciate having a back-up secretary. Descriptions of these positions, how long a volunteer serves, etc. can be found at www.codatexas.org.

North Texas CoDA Community Service Group and Houston CoDA need volunteers as well. Please consider volunteering to fill vacant positions.

Sponsors

Houston CoDA Intergroup and North Texas CoDA Community Service Group are in need of male and female sponsors to help guide new members through the 12 Steps. If you are interested in sponsoring and have completed the 12 Steps, please make your meeting aware and give your contact information to be identified as a willing sponsor. It is important that sponsor-ready new members be matched with willing and same-gender member of CoDA who may lead them to journey out of co-dependency successfully.
